Collection will allow me to list the items to display in the ListBox.
Using InputBox to take in data - processing

SelectedIndex will tell which one was selected. Note that the first item has a SelectedIndex of 0.

Put selected job item from lstJob into the text box

Count of Items in collection
Show the one with an index of 1

Add a new job into count which is now 5 - 1 to get the index of 4 to add.
The previous three items had indexes of 0,1,2,3,4
While Ct is control

① Set control
② Check
③ Change control

Ct = Ct + 1

Withs = withs + 1
may never enter loop
always do once
The variable wkCt was created to use in the FOR loop.
If I hard code the 4 in the For loop, then the number entered into Number Times is not used.
Public Sub blanguage_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles blanguage.Click
    If listlanguages.Items.Contains(cblanguage.Text) Then
        MessageBox.Show("In the list")
    Else
        MessageBox.Show("Not in the list")
    End If
End Sub

Private Sub bt圈子_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles bt圈子.Click
    Dim wCircle As Integer = 1
    Dim ct As Integer = 0
    For ct = 0 To cbcourses.Items.Count - 1
        If cbcourses.GetItemChecked(ct) = True Then
            wCircle = wCircle + 1
        End If
    Next
    If wCircle > cbcourses.Items.Count Then
        MessageBox.Show("Wrong")
    Else
        cbcourses.Items.RemoveAt(0)
        MessageBox.Show("Wrong")
    End If
End Sub

End Class
Setting ct to 1 means it starts looking at the second item so Programming Logic was not counted or listed in the list box below.
First time so one element does not get checked.