Looking at arrays under the 2010 examples.

There is a problem in this code dealing with totals - I left it for the class to find.
If I did total and then average I got an average that was too big.
The average will be too large.
The fix I needed - should put it in btnTotal as well.
Private Sub btnAvg_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnAvg.Click
    wkTotal = 0
    For Each addNum As Single In numArray
        wkTotal = wkTotal + addNum
    Next
    txtTotal.Text = Format(wkTotal, "##.##")
End Sub

Private Sub btnHigh_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnHigh.Click
    Dim wkHigh As Single = 0
    For forCt = 0 To numArray.Length - 1
        If numArray(forCt) > wkHigh Then
            wkHigh = numArray(forCt)
        End If
    Next
    txtHigh.Text = wkHigh
End Sub

Private Sub btnLow_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnLow.Click
    Dim wkLow As Single
    wkLow = numArray(0)
    For forCt = 1 To numArray.Length - 1
        If numArray(forCt) < wkLow Then
            wkLow = numArray(forCt)
        End If
    Next
    txtLow.Text = wkLow
End Sub
Public intUpperSub As Integer = 6
Public arrayLanguages(intUpperSub) As String
Public arrayLangBCC() As String = {"PHP", "VB", "PL/SQL", "JavaScript", "Java", "C++", "C"};
arrayLangBCC(0) = "PHP"
arrayLangBCC(1) = "VB"
Public Class frmIntroArray

    Private Sub frmIntroArray_Load(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles MyBase.Load
        intUpperSub = 0
        arrayLanguages(intUpperSub) = String.Empty
    End Sub

    Private Sub btnFillArray_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnFillArray.Click
        If CInt(txtNumLang.Text) <= intUpperSub + 1 Then
            numLangSub = 0
            For numLangSub = 0 To CInt(txtNumLang.Text) - 1
                arraylanguages(numLangSub) = InputBox("Enter language you know", "Languages")
            Next
        Else
            MsgBox("Number entered is outside the array", "Reenter")
        End If
    End Sub

    Private Sub btnListLang_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnListLang.Click
        For numToList = 0 To CInt(txtNumLang.Text) - 1
            lstLang.Items.Add(arrayLanguages(numToList))
        Next
    End Sub

    Private Sub btnLangBCC_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnLangBCC.Click
        MsgBox(arrayLangBCC.Length)
        For langCt = 0 To arrayLangBCC.Length - 1
            lstLangBCC.Items.Add(arrayLangBCC(langCt))
        Next
    End Sub

End Class
Public Class frmIntroArray

Private Sub FrmIntroArray_Load(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles MyBase.Load
    intUpperSub = 0
    arrayLanguages(intUpperSub) = String.Empty
    Exit Sub
    End Sub

Private Sub btnFillArray_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnFillArray.Click
    If CInt(txtNumLang.Text) <= intUpperSub + 1 Then
        For numLangSub = 0 To CInt(txtNumLang.Text) - 1
            arrayLanguages(numLangSub) = InputBox("Enter language you want to add")
            Exit Sub
        Next
    Else
        MessageBox.Show("Number entered is outside the array", "Reenter")
    End If
End Sub

Private Sub btnListLang_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnListLang.Click
    For numToList = 0 To CInt(txtNumLang.Text) - 1
        lstLang.Items.Add(arrayLanguages(numToList))
    Next
End Sub

Private Sub btnLangBCC_Click(ByVal sender As System.Object, ByVal e As System.EventArgs) Handles btnLangBCC.Click
    MsgBox(arrayLangBCC.Length)
    For langBCC = 0 To arrayLangBCC.Length - 1
        lstLangBCC.Items.Add(arrayLangBCC(langBCC))
    Next
End Sub
I used the menu strip.